


MEN SIZES (INCHES)

 NOTE: Sizes listed below are **body measurements**, not garment measurements. Order the size that corresponds to your measurements.

	S	M	L	XL	2XL	3XL	4XL	5XL
Chest	36-38	39-41	42-44	46-48	50-52	54-56	58-60	62-64
Waist	29-31	32-34	35-37	38-41	42-45	46-50	51-54	55-58
Hip	35-37	38-40	41-43	44-46	47-49	51-53	55-57	59-61
Sleeve	33	34	35	36	36	36 ½	37 ½	38
Inseam	32	32	32 ½	33	33 ½	33 ½	33 ½	33 ½
Neck	15	15 ¼	16 ½	17 ½	18 ½	19 ½	20 ½	21 ½

HOW TO MEASURE YOUR BODY

- **A - CHEST:** Measure around the fullest part, keeping the measuring tape horizontal.
- **B - WAIST:** Measure around the narrowest part of waist (typically the small of your back and where body bends side to side), keeping the measuring tape horizontal.
- **C - HIPS:** Measure around the fullest part of your hips, keeping the measuring tape horizontal.
- **D - SLEEVE:** With arm relaxed at side and slightly bent, measure from the center back neck, across shoulder to elbow, and down to wrist.
- **E - INSEAM:** Measure from the top of your inner leg along the inside seam to the bottom of your leg.
- **F - NECK (Men):** Measure around the base of your neck.

CHOOSING THE RIGHT SIZE

If your body measurements for chest, waist and hips result in different suggested sizes, order the size that corresponds to your chest measurement for tops and waist measurement for bottoms. If your body measurements is between two sizes, order the smaller size for a tighter fit and larger size for looser fit.

